

IAMA-IL Executive Committee Meeting

Consent Agenda & Meeting Agenda

May 22, 2018, 8:30 pm

Teleconference details: **Dial-in number (US): (319) 527-2792 Access code: 333312#**

Join the online meeting: https://join.freeconferencecall.com/office_iamail

Meeting Facilitator: Dr. Niranjana Shah, President

I. Call to order

II. Roll call & Introduction of Guests

III. Consent Agenda* (Action Needed)

*All Items in the Consent Agenda are to be approved at once, if an item needs to be discussed it must be motioned to be removed from the Consent Agenda. After these items have been motioned and approved to be removed, the remain items are to be motioned and approved as one – Consent Agenda and then the agenda will continue with the discuss of the removed items. Alternatively, if no item needs to be discussed further, the Consent Agenda is motioned an approved, and the agenda continues as printed.

- a. **Approval of minutes from the last meeting:** April 7, 2019
- b. **Approval of:** Reimburse to N. Shah for the \$6,000 deposit paid to Meadows Club for Annual Gala
- c. **Membership Committee:**
 - ◆ Approval of New Members: Currently 7 new members as of 5/21/19 (see attached)
- d. **Global Health Committee:** 2018 Hands-Only CPR Training in India Report

Non-IAMA-IL Specific Items (Non-Action Items)

IV. Liaison Committee for CMS/ISMS/AMA: Raj Lal, MD

V. ACA & Health Reform Committee: Utpal Parekh, MD

VI. AAPI updates: Suresh Reddy, MD

Discussion Items

VII. President's Report: Niranjana Shah, M.D. (Action Needed)

- a. Gala venues and deposits
 - ◆ Ashton Place – Host another event in 2019

VIII. Treasurer's Report: Dilip Shah, M.D.

- a. New Accountant introduction
- b. Main Accounts moved to US Bank
 - ◆ Money Market is the new Savings Account earning 2.25%
 - ◆ Operating Checking Account & Free Office Checking Account
- c. Interest Earning has dramatically increased
 - ◆ Jan 1, 2018 – Dec. 31, 2018 = \$893.377
 - ◆ Jan. 1, 2018 – April 30, 2018 = \$195.19
 - ◆ Jan 1, 2019 – April 30, 2019 = \$1293.14
 - a. An increase of \$1,097.95 from this time in 2018
- d. The remaining checking account at Fifth Third (5/3) will be closed once any outstanding checks have cleared the account. All remaining money in this account will be transferred to the Operating Account at US Bank upon closing.
- e. Reports Attached

IX. IAMA-IL Office: Heidi Garton (Action Needed)

- a. Office Computer needs servicing, approval to pay up to \$200 for servicing
- b. Clarification of what is included with a Membership – what is the difference between membership, non-membership, and membership levels for events?
- c. What is no Golf Outing in 2019 – instead a fundraising event at Ashton Place – like a Casino Night, Cocktail Networking Reception, Karaoke Challenge (The Voice), etc.

Standing Committee Report

X. Education Committee: Satyanarayan Hedge, MD

- a. Survey sent to Members in April newsletter – few responses received
- b. Upcoming educational events May 29, June 26, July 24

XI. Membership Committee: Usha Kolpe, MD (Action Needed)

We need final resolution on membership issues and need to avoid any unnecessary discussions that take valuable time without reaching any conclusion

- a. 2019 Pricing for Memberships? See attached sheet for current pricing.
- b. Membership Maintenance Fee for Life/Joint Life members \$50-\$100/year

XII. Health Awareness Committee: Meher Medavaram, MD

- a. **HOCPR** – June 23 - IAMACF, July 21 – Jain Temple

XIII. Global Health Committee: Rohitkumar Vasa, MD

XIV. IAMA Charitable Foundation: Lalitha Darbha, MD

XV. Entertainment Committee: Subhash Goyal, MD – No Report

XVI. By-Laws Committee: Sharad Khandelwal, MD – No Report

XVII. Resident Physician Committee: Radhika Chimata, MD – No Report

XVIII. Young Physician Committee: Anuj Jain, MD – No Report

XIX. Communication & PR Committee: Jalaja Piska, MD – No Report

XX. Academic Affairs Committee: Triveni Senagal, MD – No Report

Additional Items

XXI. Old Business:

XXII. New Business:

XXIII. Tentative 2019 Event Schedule *Pending Event

- May 29th – Educational Meeting – Amarin Pharma - Rosemont
- June 26th – Educational Meeting - Cassidy Schade – Oak Brook
- July 24th – Educational Meeting (4th Wednesday) – Northwestern Mutual - TBD
- August - TBD – Young Physician Educational/Networking Meeting*
- August 28th – Educational Meeting (4th Wednesday) *
- September – TBD – Golf Outing – Oak Brook IL*
- September 11 – 26 – Overseas Trip
- September 25th – Educational Meeting (4th Wednesday) *
- October 4th – TBD – Ashton Place
- October 23rd – Educational Meeting (4th Wednesday) *
- November - TBD – Young Physician Educational/Networking Meeting*
- November 9th – 39th Annual Gala Banquet & Business Meeting
- December – TBD*

XXIV. Next Meeting: TBD

XXV. Adjournment

Executive Committee Meeting Minutes

IAMA-IL, 2019

April 7, 2019

Location, Time, Date:

April 7, 2019

Oak Brook Park District Recreation Center, Oak Brook, IL

Members Present:

Niranjana Shah, Geeta Wadhvani, Suneela Harsoor, Suresh Reddy, Dilip Shah, Lalitha Darbha, Rohitkumar Vasa, Meher Medavaram (per conference call), Paul Chawla (per conference call), Samir Shah, Kirti Talsania, Urmila Talsania, Vemuri Murthy (arrived late at 3:50 pm), Veena Prabhu, Thriveni Sanagala (left at 4:15 pm).

Welcome

Dr. Shah welcomed all the present members and guests. Guests from AAPI Wisconsin made a presentation starting at 3:17 pm after which the executive committee meeting was called to order by President, Dr. Niranjana Shah, at 3:31 p.m.

Guest(s): Karin Bais, 5 members of AAPI Wisconsin (left at 3:30 pm)

Consent Agenda

*This is the first meeting to employ a Consent Agenda

The following items were removed from the Consent Agenda for discussion:

Membership and Treasurer's reports, motion: Niranjana Shah 2nd Suneela Harsoor.

The remaining items were approved. Motion: Suneela Harsoor, 2nd by Geeta Wadhvani

Items Pulled from Consent Agenda:

New Membership were approved for only the 2 student members.

Treasurer's Reports were approved as presented after clarification are not to be included in future consent agendas. Motion: Suneela Harsoor, 2nd Geeta Wadhvani

CMS/ISMS/AMA Liaison Committee:

CMS will be partnering with IAMA and AAPI for Hands-Only CPR and will partner for some committees about HOCPR as well. IAMA should consider having delegates for AMA/CMS

AAPI:

AAPI ballot need to be mailed today (last day). President of AAPI Wisconsin encourages everyone to participate in their May 24th event. April 15th is the last day for Early Bird Discounts for AAPI Atlanta Conference. Text Suresh Reddy for a coupon for \$200 off registration for AAPI Atlanta. AAPI will be traveling to Israel and Jordan before the Summit in India. Save the Date AAPI Chicago will be June 24-28, 2020 – IAMA is the host organization.

Executive Committee Meeting Minutes

IAMA-IL, 2019

April 7, 2019

President's Report:

An Ad Hoc Committee was created to design the job description for the Administrative Secretary, members include Samir Shah, Rohit Vasa, Geeta Wadhvani, Suresh Reddy, Sharad Khandelwal and Paul Chawla. Heidi is to send her duties to Samir Shah.

IAMA-IL Office Report:

Heidi and Paul will file a DBA for IAMA to ensure check cashing ability and to make IAMA-IL and IAMAIL acceptable names of IAMA to use in business.

Treasurer's Report:

The monthly budget report and financial position (balance sheet) were presented.

Discussion of proper allocation of IAMA funds lead to a motion to move the IAMA accounts from Fifth Third Bank to an institution of the President and Treasurers choosing as long as the institution is FDIC Insured, and the savings account earn over 2.05% interest. Motion by Meher Medavaram 2nd by Suresh Reddy.

Membership Committee:

Two membership issues were handled by the EC and life membership was determined to be accurate, membership status will be updated to reflect such. All new members are to be reviewed and presented by the Membership Chair.

Global Health Committee:

UIC-Peoria has 2 residents to participate in the CPR Program in India, their participation will be finalized within a few months. The program is interested in the purchase of a CUBE to aid in training for CPR.

IAMA Charitable Foundation (CF):

IAMACF hosted a successful fundraising banquet in March. IAMACF will be attending an event in Springfield with other free health clinics focuses on grants and legislation.

Educational Committee:

Upcoming meetings include April 24th, May 22nd, May 29th
A survey has been prepared and sent to members asking for their input on educational programs including topics, locations, days, and times, as well as out of pocket costs.

Health Awareness Committee:

Upcoming HOCPR events: May 5th, May 19th and July 21st at Jain Temple
June 23rd will be the first of we hope many HOCPR events at IAMACF.
Volunteers are needed, a team will be created of volunteers that are trained and they can pick the events they wish to work.

Resident Physicians and Medical Students Committee: No report

Young Physicians Committee: No Report

Communications & PR: No Report

Academic Affair Committee: No Report

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Entertainment Committee: No Report

By-Laws Committee: No Report

Advocacy and Health Reform Committee:

New Business: None

OLD Business (not covered above): None

Events: Tentative 2019 Event Schedule *Pending Event

April 24th – Educational Meeting – Northwestern Mutual – Vernon Hills

May - TBD – Young Physician Educational/Networking Meeting*

May 22nd – Educational Meeting (4th Wednesday) *

June 26th – Educational Meeting (4th Wednesday) *

July 24th – Educational Meeting (4th Wednesday) *

August - TBD – Young Physician Educational/Networking Meeting*

August 28th – Educational Meeting (4th Wednesday) *

September – TBD – Golf Outing *

September 25th – Educational Meeting (4th Wednesday) *

October 23rd – Educational Meeting (4th Wednesday) *

November - TBD – Young Physician Educational/Networking Meeting*

November 9th – 39th Annual Gala Banquet & Business Meeting

December – TBD*

Next Meeting: TBD

The meeting was adjourned at 5:45 p.m.

Motion by Suresh Reddy, 2nd by Suneela Harsoor

Respectfully submitted by:

Heidi Garton, Admin. Secretary IAMA-IL May 15, 2019

Approved by:

Membership level	Prefix	First name	Middle Name	Last name	Email	Phone	Mailing Address	Mailing City	Mailing State	Mailing Zip Code	Contact Specialty	IPSL #	Speciality
Annual	Dr	harish		bhatia	bhatiah2@gmail.com	7089453487	3 silo ridge rd so	Orland Park	IL	60467	Internal medicine	036065497	Internal medicine
Annual	Dr	Sachin		Dixit	drsachindixit@hotmail.com		917 WINDMERE COURT	DARIEN	IL	60561	FAMILY MEDICINE	036116980	FAMILY MEDICINE
Associate	Dr	Chitang	J	Joshi	chitang.joshi@gmail.com	2248570928	9448 Lawrence Ct, #1B	Schiller Park	Illinois	60176	Medical		General Surgery
Student		Ravneet		Kaur	Ravneet.kaur@student.windsor.edu		849 E 52nd street, Apt 3	Chicago	Illinois	69615	Medical	N/A	Internal medicine
Student	Mr.	Malcolm	Mandela	Lee	Malcolm.medical@gmail.com	708-269-3333	277 Boston Street	Chicago Heights	Illinois	60411	Medical Technologist	N/A	Clinical Science
Associate		LIKHITA		SHAIK	likhi.siri@gmail.com	651-417-2499	115, 2ND AVE S, APT 512	MINNEAPOLIS	MINNESOTA	55401	International Medical Graduate	N/A	MBBS
Resident		Sumit		Sohal	Sohalsumit92@gmail.com	4752233079	338 custer ave apt 6	Evanston	Illinois	60202	Medical	N/A	Internal Medicine

Membership level	Prefix	First name	Middle Name	Last name	Medical School	Year in Residency	Year in Medical School	Application Date	Membership level	Membership status
Annual	Dr	harish		bhatta					Annual	Pending - New
Annual	Dr	Sachin		Dixit					Annual	Pending - New
Associate	Dr	Chitang	J	Joshi				Tuesday, March 12, 2019	Associate	Pending - New
Student		Ravneet		Kaur	Windsor university school of medicine		4	Monday, March 11, 2019	Student	Pending - New
Student	Mr.	Malcolm	Mandela	Lee	Caribbean Medical University		Semester 5	Saturday, April 27, 2019	Student	Pending - New
Associate		LIKHITA		SHAIK				Wednesday, March 20, 2019	Associate	Pending - New
Resident		Sumit		Sohal	Governement Medical College, Patiala	2		Sunday, March 31, 2019	Resident	Pending - New

Indian American Medical Associaton, Illinois

STATEMENT OF FINANCIAL POSITION

As of May 16, 2019

	TOTAL
ASSETS	
Current Assets	
Bank Accounts	
1000 Checking - 5/3rd Bank	1,755.70
1000-1 US Bank Checking (Operating Account)	12,032.43
1001 US Bank (Office Checking)	634.46
1002 PayPal Bank	3,815.89
1010 BMO Harris Checking	5,001.00
1011 US Bank Money Market (Main Savings)	135,342.47
1012 BMO Harris Money Market	10,084.80
1013 BMO CD (6 months (4/2019))	120,915.10
1014 53 Money Market	0.00
1017 Citi Bank Accounts - Closed	
1017-1 Closed (6/27/18) CD # 1 - Citibank - 1 year (1/8/18)	0.00
1017-2 Closed (6/27/18) CD #2 - Citibank - 1 Year (10/2/18)	0.00
1017-3 Closed (6/27/18) Checking - Citibank	0.00
Total 1017 Citi Bank Accounts - Closed	0.00
1018 Closed Fifth Third (5/3) Accounts	
1018-1 (Closed 5/2/19) - Savings - 5/3rd Bank	0.00
1018-2 (Closed 5/2/19) - Office Checking Account @ 5/3	0.00
Total 1018 Closed Fifth Third (5/3) Accounts	0.00
Total Bank Accounts	\$289,581.85
Other Current Assets	
1300 Undeposited Funds	0.00
1301 Prepaid Expenditures	0.00
Total Other Current Assets	\$0.00
Total Current Assets	\$289,581.85
TOTAL ASSETS	\$289,581.85
LIABILITIES AND EQUITY	
Liabilities	
Total Liabilities	
Equity	
3000 Retained Earnings	-61,547.13
3001 Opening Balance Equity	361,469.43
Net Revenue	-10,340.45
Total Equity	\$289,581.85
TOTAL LIABILITIES AND EQUITY	\$289,581.85

SUMMARY	ACTUAL as of 5/16/2019	BUDGETED for 2019	OVER BUDGET	UNDER BUDGET
Total income	7,993.14	104,200.00		-96,206.86
Total expenses	18,033.59	107,900.00		-89,866.41
Income less expenses:	(10040.45)	-3,700.00		-6,340.45

INCOME DETAILS	ACTUAL	BUDGETED	OVER BUDGET	UNDER BUDGET	NOTES
Membership	2,250.00	5,000.00		-2,750.00	
Interest earned	1,293.14	1,200.00	93.14		
Sponsorships	0.00	13,000.00		-13,000.00	
Website Ads	0.00	1,800.00		-1,800.00	
Newsletter Ads	0.00	1,200.00		-1,200.00	
Donations	500.00	2,000.00		-1,500.00	
Trip Donation	0.00	6,000.00		-6,000.00	
Carryover from Previous Year	0.00	0.00			
Advertising	0.00	2,000.00		-2,000.00	
Event Ticket Sales	2,000.00	20,000.00		-18,000.00	
Event Sponsorship	0.00				
Golden Stethoscope		10,000.00		-10,000.00	
Gala	1,600.00	30,000.00		-28,400.00	
Fundraising Event (Golf Outing)		3,000.00		-3,000.00	
IAMACF Spring Gala	350.00	0.00			
Other Events		8,000.00		-8,000.00	
Other		1,000.00		-1,000.00	
Total income:	7,993.14	104,200.00		-96,206.86	

EXPENSE DETAILS	ACTUAL	BUDGETED	OVER BUDGET	UNDER BUDGET	NOTES
Event Expenses					
Meeting	260.00	2,000.00		-1,740.00	
Health Fairs	0.00	1,000.00		-1,000.00	
Social Events	0.00	1,000.00		-1,000.00	
Educational Events	0.00	1,000.00		-1,000.00	
Fundraising Event (Golf Outing)	0.00	3,000.00		-3,000.00	
Young Physicians	0.00	800.00		-800.00	
Golden Stethoscope	0.00	10,000.00		-10,000.00	
Semi-Annual Banquet	350.00	0.00			
Annual Banquet	2,849.00	36,000.00		-33,151.00	Deposit for 2019 paid 11/17/18 \$2,000
Out of Country Trip	0.00	100.00		-100.00	
Other	0.00	500.00		-500.00	
Total event expenses:	3,459.00	55,400.00		-51,941.00	
Percent of total:	19.18%	51.34%			
ADMINISTRATIVE					
Comcast	518.02	1,200.00		-681.98	
Office Lease	2,125.00	5,100.00		-2,975.00	\$425 per month, until renew in March then ?
Office Supplies	261.10	1,500.00		-1,238.90	
Employee Wages	4,219.77	25,000.00		-20,780.23	Would like to increase hours to match work load: 22 per week up from 12 with a min 12 hours guaranteed & additional as needed for events & other tasks, plus an hourly increase of \$1 = \$18/hr. Avg 20 hours per week in 2018
Canva Graphics	10.00	75.00		100.00	Graphics for Marketing Designs and Holidays
Wild Apricot (Website, Database)	1,728.00	1,800.00		-72.00	Wild Apricot Only
Office Software	397.43	500.00		-102.57	Other Software not including Wild Apricot
Website - Other	0.00	400.00		-400.00	
Accounting	0.00	1,000.00		-1,000.00	
Insurance	0.00	2,000.00		-2,000.00	
Postage	0.00	1,000.00		-1,000.00	Can reduce with ability to do online bill pay
Taxes & Licensing	10.00	75.00		-65.00	
Advertising	0.00	800.00		-800.00	
Bank Fees	-35.40	50.00		-85.40	Aim for \$0
PayPal Fees	78.40	300.00		-221.60	Fees for transaction using PayPal to pay IAMA
Other	0.00	0.00			
Total admin. expenses:	9,312.32	34,500.00		-25,187.68	
Percent of total:	51.64%	31.97%			
Non-Reoccurring Expenses					
Furniture, Equipment and Softw.	145.56	1,000.00		-854.44	Just in case
Membership Mailing	0.00	200.00		-200.00	Update information for 2019
CF Donation	5,000.00	10,000.00		-5,000.00	% of Fundraising at Joint Events
Global Health Project	0.00	5,000.00		-5,000.00	CPR in India Trip
CPR Program	116.71	800.00		-683.29	Misc. Supplies and Printing
Charity Donations	0.00	1,000.00		-1,000.00	
Other	0.00	0.00			
Total S&E expenses:	5,262.27	18,000.00		-12,737.73	
Percent of total:	0.29	16.68%			

Global Health Committee report: 5/22/2019

- (1). Results from the October 2018 program at Vadodara attached separately.
- (2). Parul University has been collecting data on cardiac arrest and chest pain patients at three institutions.
- (3). Postpartum depression screening program did clear the IRB review. The project to start soon
- (4). Next OHCA program in planning stages. Possible dates will be Sept 30-Oct 13.
- (5). Resident probably from University of Illinois (Peoria). Talks ongoing. To be finalized in August.

Report on “HANDS-ONLY CPR” training

- Training of village people regarding CPR could enable them to initiate CPR on patient with Sudden Cardiac Arrest till 108 or other EMS transport is arranged.
- With this vision, “HANDS ONLY CPR during Sudden Cardiac Arrest - Community Awareness programme” was carried out with collaborative efforts of Parul University, Vadodara and Indian American Medical Association (IAMA), USA at Parul University Campus.
- It was 6 days training programme from 16th October 2018 to 23rd October 2018. Total 343 housekeeping workers of Parul University Campus were trained in this training programme.
- On first day, Dr. Rohit Vasa and Dr. Ana Taddei, from University of Illinois, USA trained 20 Medical Officers and Emergency Medical Technicians of Parul Sevashra hospital regarding HANDS ONLY CPR.
- These Medical officers and emergency medical technicians gave training to housekeeping staff of Parul University Campus for next five days.
- Before start of training, participants were given pre-test questionnaire to assess their baseline knowledge regarding CPR.
- Participants then underwent training in hands-only CPR, consisting of an video and power point presentation followed by interactive hands on training on manikin.
- After training, post test questionnaire and skill assessment forms were given to participants to reassess their knowledge and understanding of CPR.

Table 1: Characteristics of study participants by gender, age group, prior training, and initial impressions of CPR

Characteristic	Before Training	After Training	(p-value)
Gender			
Male	78 (22.7%)		
Female	265 (77.3%)		
Age Group (years)			
10-18	51 (13.8%)		
19-45	232 (62.9%)		
46-60	79 (21.4%)		
> 60	7 (1.9%)		
Prior CPR training?			
Yes	85 (25.5%)		
No	248 (74.5%)		
Believes CPR can save lives	235 (66.4%)	338 (99.4%)	p < 0.001
Willingness to perform CPR	251 (76.1%)	335 (99.4%)	p < 0.001

- Out of 343 participants, around 23% were males and 77% were females. Majority (62.9%) of participants were in age group 19-45 years. Around 1/4th of participants had already taken prior CPR training. Training increased willingness in performing CPR (76.1% vs. 99.4%) and belief that CPR can save lives (66.4% vs. 99.4%)

Table 2: Association of Variables with CPR knowledge after training

Characteristics	Average Knowledge improvement score*	
	Score difference (0-4)	P-value
Gender		0.60
Male	0.85	
Female	0.94	
Prior CPR training?		0.81
Yes	0.95	
No	0.91	
Believes CPR can save lives? (at baseline)		<0.01
Yes	0.79	
No	1.29	
Formal years of education		0.12
Grade 1-8	0.83	
Grade 9-10	1.05	
Grade 11-12	0.56	
ITI / Other Diploma	1.88	
Graduate	0.92	
Post Graduate	0.33	

*The mean knowledge improvement score consists of 4 questions regarding CPR Knowledge (range 0-4; where 0 represents no change, 4 represents improvement in all 4 knowledge assessments)

- Gender, prior CPR training and education was not associated with pre-post CPR knowledge improvement, while baseline knowledge that CPR can save life was significantly associated with pre-post CPR knowledge improvement.
- In paired analysis, significant differences ($p < 0.001$) was found in all knowledge measures from pre-to-post training.
- Before training 55.1 % knew the correct compression rate. After training it was increased to 86.2%. (51.3% vs. 86.8% in females, 66.2% vs. 84.1% in males). Before training 52.9% knew the correct chest compression depth, which was increased to 82% after training. 54.7% vs. 82.8% in females, 47.5% vs. 79.4% in males).

- Program was successful in enhancing knowledge, willingness and perceptions of CPR.
- Given the high prevalence of sudden cardiac arrest in India, training the public in hands-only CPR can be a cost-effective care strategy in resource-limited areas.
- CPR training and education can be useful in heart disease prevention.